

DAY 1: Biking Across the Czech Republic with the Travel Vlogger

Route description

Join Brian Cox, the Travel Vlogger, as he cycles from Františkovy Lázně (or Franzenbad) to the town of Cheb on the first leg of his 700+ kilometer (or 435+ mile) Czech cycling expedition



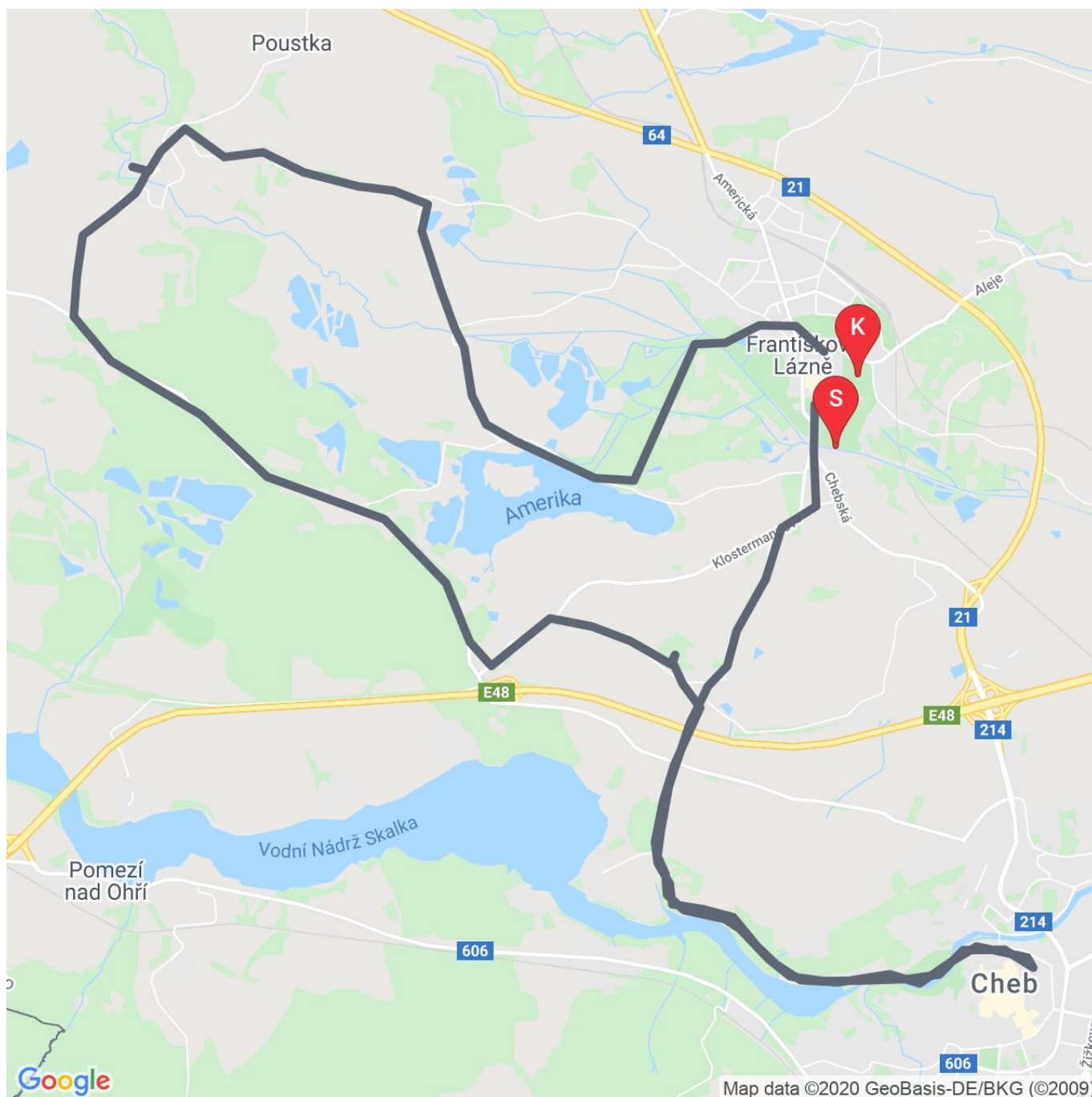
This journey begins with a trip to Seeberg Castle, dating back to the late 12th or early 13th century. Here, Brian (and friends) learn the value and importance of porcelain in this region. Next up is Komorní hůrka, the Czech Republic's youngest volcano. Its appearance may be surprising, but its importance to scientists outweighs its size.

In Cheb, the team is instantly charmed by its monastery garden, historic buildings, and tiny side streets measuring just an arm's length across. The Travel Vloggers stumble upon a medieval fair and enjoy some local food including koláče (a traditional Czech pastry), some "liquid bread", and roast duck with dumplings for lunch. Our adventurers return to Františkovy Lázně, where Czech speakers will enjoy a non-native speaker's attempts at pronunciation (A for effort!).

This route is perfect for cyclists who enjoy a bit of science, gorgeous views, and good food. Next up, Brian's journey continues to Karlův Vary via another charming Czech town.

Watch summary of the day on [Youtube](#).

Destinations	West Bohemia
Route	Františkovy Lázně - Seeberg - Komorní Hůrka - Cheb - Františkovy Lázně
	30 km 4 hours
Surface	mostly paved
Activity type	Bicycling



Film places nearby

- **Kolja:** , GPS: 50.120556,12.350556

Places for bikers

- **Hotel a Pension Seeberg:** , Tel: +420354595081, Email: seeberg@seeberg.cz, Adresa: Ostroh 2, Poustka - Ostroh, GPS: 50.13221944,12.28444167
- **Resort Stein:** , Tel: +420354423301, Email: info@resortstein.cz, Adresa: Skalka 10, Cheb, GPS: 50.0864703,12.3352397
- **Resort Stein restaurace:** , Tel: +420354423301, Email: info@resortstein.cz, Adresa: Skalka 10, Cheb, GPS: 50.0864703,12.3352397
- **Hostel Františkovy Lázně:** , Tel: +420354205300, Email: hostel@frantiskovylazne.cz, Adresa: Pod Lipami 9, Františkovy Lázně, GPS: 50.1158142,12.36098